



Safety Planning Tool

Safety planning is the development of a plan to achieve and maintain safety of the victim/survivor and their children. It includes:

- Compiling a list of emergency numbers
- Helping to identify a safe place for them to go to and how they will get there
- Identifying family and friends who can provide support
- Ensuring cash is available; and
- Providing a safe place to store valuables and important documents.

Devising a safety plan with them in case of an emergency can be very simple (e.g. where would they go, where to leave a packed bag, keys and money somewhere other than at home, how to be contacted, a safe place to send mail).

The World Health Organisation has provided suggestions on how to make a safety plan.

Safety planning guide (World Health Organisation)

Safety Planning	
Safe place to go	If you need to leave your home in a hurry, where would you go?
Planning for children	Would you go alone or take your children with you?
Transport	How will you get there?
Items to take with you	Do you need to take all your documents, keys, money, clothes, or other things with you when you leave? What is essential? Can you put together items in a safe place or leave them with someone just in case?
Financial	Do you have access to money if you need to leave? Where is it kept? Can you get it in an emergency?
Support of someone close by	Is there a neighbour you can tell about the violence who can call the police or come with assistance for you if they hear sounds of violence coming from your home?