



WEAVE Model: How to ask about domestic violence and abuse

Below are a set of questions that might help you ask about domestic violence and abuse.

Worries

- What is on your mind today?
- What worries or concerns do you have about your life?
- Tell me about your recent relationships....

Efficacy

- How are you feeling within yourself?
- Are you able to control what goes on in your life?
- How confident are you that you could make changes in your life in the near future?

Afraid

- Are you afraid of your partner, ex-partner or anyone in your family?
- What is it like when it is scary? What is it like when it is safe?
- When were you most or least afraid?
- How fearful are you now? Are you safe to go home?
- What could help you feel safer?

Violence

- Unhealthy relationships can involve physical, emotional or sexual behaviours.
- What is the best/worst aspect for you of your relationship?
- Are things getting better, worse or staying the same?
- How safe do you feel at home?

Expectations

- What would you like help with?
- Who could give you the most support with this issue?